



Breakfast

8am – 9.30am Mon-Fri / 8.30-10am Sat & Sun

From The Buffet

Choice of: Tea, Infusions, Freshly Ground 'Fair Trade' Coffee, Fruit Juices
(£3 supplement for speciality coffee such as Cappuccino)

Choice of Cereals

Danish Pastries, Freshly Baked Croissant

Seasonal Berry Compote with Yoghurt & Granola

Fresh Fruit

Natural Yoghurt

White / Granary Toast with Preserves



From The Kitchen

Porridge made with milk, Devon cream or water

Devon Bacon, tomato, flat mushroom, local sausage, black pudding, hash brown, free range egg

Hummus, avocado, tomato, spinach, flat mushroom, free range egg

Avocado with Sourdough Toast, poached egg, smoked salmon

Eggs Florentine, Sauté baby spinach, poached free range eggs, hollandaise sauce

Eggs Royale, smoked salmon, poached free range eggs, hollandaise sauce

Eggs Benedict, sliced ham, poached free range eggs, hollandaise sauce

Smoked Haddock, free range poached egg

Toasted Bagel, locally smoked salmon, crème fraiche

Grilled Whole Kippers

gluten free cereals / soya milk also available